

## **The dynamics of serial construction of movements in rehabilitative training of young patients who had ischemic stroke**

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### **Abstract**

© 2018, Institute of Advanced Scientific Research, Inc.. All rights reserved. The article presents the results of the study of the dynamics of serial construction of movements in the rehabilitative training of young patients who had ischemic stroke. The research sample consisted of 34 patients of young age (27-42 years old) who had an ischemic stroke of hemispheric localization for the first time. According to the criteria of localization of the stroke (in the leading or non-leading hemisphere) and the lateralization profile, four research groups were formed. The research methods included a set of functional neuropsychological samples aimed at studying the functions of praxis, as well as hardware methods of diagnosis and rehabilitative learning. As a result of preliminary assessment of the parameters of locomotor and voluntary levels of movement construction in young patients who had ischemic stroke, the disorders of motor skills characterized by specific manifestations depending on the lateralization profile and hemispheric localization of the impact site were revealed. The organization of the contents of rehabilitative training program in young patients who had ischemic stroke was carried out with respect to all specific manifestations of motor functions disorders. The most intensive dynamics in rehabilitative training of young patients who had ischemic stroke was detected in left-handed patients with impact site localization. The minimal effect of rehabilitation of serial organization of movements is noted in right-handed patients of young age who had an ischemic stroke with localization of the impact site in the leading (left) hemisphere. The practical relevance of the empirical results is following: after completing the program of rehabilitation education by young patients who had ischemic stroke, regardless of the hemispheric location of the impact site and the lateralization profile, it was reliably confirmed that serial organization of motor skills, which forms the basis for the formation of self-service skills, was successfully recovered.

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### **Keywords**

Ischemic stroke, Patients of young age, Rehabilitation training, Serial organization of motor skills

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